## ABSTRACT OF THE DISCLOSURE

A mobile terminal comprises a transmitter/receiver configured to transmit/receive a signal to/from a base station, a communication state determination unit configured to determine 5 a communication state of the transmitter/receiver, a movement state measurement unit configured to measure a movement state of the mobile terminal, and a reception period controller configured to control a reception period for receiving a control signal transmitted from the base station by the transmitter/receiver, 10 based on a communication state determination result determined by the communication state determination unit and a movement state measurement result measured by the movement state measurement

unit.